From the Principal

Dear Parents / Caregivers,

Anaphylaxis the most severe form of allergic reaction and is potentially life threatening. Food allergy and anaphylaxis has increased over the last decade and it is not uncommon for schools to have children who may be anaphylactic.

Most food allergic reactions do not involve anaphylaxis, and the likelihood of a severe allergic reaction from casual exposure when food is not ingested (e.g. from touch or exposure to odours) is very low. However, severe reactions may occur unpredictably, thus any allergic reaction to foods should be taken seriously and treated as a potential medical emergency requiring immediate treatment.

At Thiele and the Campus we have an Allergy Management Policy that focuses on reducing the risk of exposure rather than elimination of potential allergens. The common causes of allergies relevant to this Policy are nuts (in particular peanuts), dairy products, eggs, wasps, bees and ants. An allergic reaction to nuts is the most common high risk allergy and as such demands more rigorous controls throughout the Policy.

The underlying principles of this Policy include:
- The establishment of effective risk management practices to minimise the student, staff, parent and visitor exposure to known trigger foods and insects.
- Staff training and education to ensure effective emergency response to any allergic reaction situation
- Age appropriate student education on allergy awareness and self-responsibility.

With our end of year activities coming up shortly, it is important that we all remind ourselves that Anaphylaxis is the most severe form of allergic reaction and that all of us need to be mindful not to inadvertently expose our students to potential triggers.

Your continued support in ensuring that our children stay safe is appreciated. A couple of simple steps for students who have food allergies include:
- Always eat food that has been packed from home.
- Do not accept food from peers.
- Provide food that does not contain allergens.
- Make sure children know if they have an allergy as well as the adults who are caring for them.

More strategies and information is available from www.allergy.org.au or www.allergyfacts.org.au

Shaun Coghlan
Principal
Respect – Achievement - Integrity - Sustainability

NOTES SENT HOME

Over the past fortnight the following notices have been sent home.

- T10 / T12 Aquatic Centre Excursion
- Year 7 Graduation
- T9 Adelaide Central Market Excursion
- T13, T14, T15 & T16 Aquatic Centre Excursion

If you have not received any of the above, please request a copy either from your child’s class teacher or Thiele Reception.

CANBERRA CAMP 2016

On Sunday the 6th of November, most of the year 6 and 7 students set off for a trip to Canberra. Traveling by bus, the journey was long for many. We arrived at our accommodation in Warrambui just before breakfast on Monday morning. Most of the students were tired but excited to head off on our first day.

After breakfast, we jumped on the bus and headed to our first stop, the Canberra Deep Space Centre. It was a struggle to keep most of the students awake during this session! Once our time at the Deep Space Centre was over, it was time to visit Parliament House and the Australian Electoral Commission. It was here that the students were able to participate in a voting mock up activity.

They were able to visit the Senate and listen in to the discussions happening in the Chamber. They were also able to sit on the Senate seats at Old Parliament House and listen to a talk about the history of Parliament House in Australia. Visiting the Australian War Memorial was a highlight. Listening to videos which gave a glimpse into the life of Australian soldiers was an eye opener for most students.

Over the next two days, the students were able to visit a number of important and significant places in Canberra such as the Royal Australian Mint, The Australian Institute of Sport, The National Portrait Gallery, Questacon and Telstra Tower. Unfortunately, our time at Cockington Green was cut short on the Wednesday night due to a heavy downpour.

Fortunately, we were still able to have a ride on the mini train which was fun for all!

Undoubtedly, one of the main highlights of the camp was meeting the Governor General, His Excellency General the Honourable Sir Peter Cosgrove AK, MC. The respect and behaviour of the students during this time was impressive.

All staff who attended really hope that the students enjoyed the trip and that they will cherish the memories which they made and can look back fondly on their time in Canberra for years to come.

A special thankyou to Mr Shaun Coghlan, Ms Penny Evans, Ms Deb Sears, Ms Alysha Milani and Mr Jake Kelly for all of your hard work across the week on camp. It was much appreciated.

Thanks,
John Mazey

JAPANESE NEWS

Konnichiwa,

On Tuesday November 15th eight year 5 students attended the annual Obento Master Chef Competition held at Westminster School. This authentic Japanese experience allowed students to use a variety of foods to create a Japanese bento box.

An Obento おべんとう is a Japanese style lunchbox. It is not only tasty, but also very healthy and eye-catching.

Students were judged on their team work, hygiene and Japanese cultural elements of their design. The organiser of the event commented that “students from Thiele were very smart and super organised.”

All students did a fantastic job with Cooper McCabe & Oliver Wells winning 1st prize with their sumo design and Deanna Bridges & Jasmine Wilson winning 2nd prize with their panda design.

Sayonara,
Milani Sensei