From the Principal

Having your own children is a wonderful experience but have you ever felt that someone forget to tell you that parenting is a full time job – 24/7? I think that today there are so many parenting styles that it could be even more of a challenge than it used to be. One thing is certain though, the majority of parents do what they think is best for their children.

There was a great article in social media recently talking about the different parenting styles around today. If you know what your parenting style is, it can make it easier to navigate the myriad of challenges that children can throw your way each day. Here are a few to ponder.

- **Instinctive Parenting** is using your intuition or “going with your gut.” This might be called the “old school” method and that you parent the way you were parented.
- **Attachment Parenting** is where a strong emotional bond is developed between the parent and the child. The people who adopt this style of parenting respond to their child’s needs and be sensitive and emotionally available for their child at all times.
- **Helicopter Parenting** often refers to parents who constantly interact with and often interfere with their child’s lives. This is quite natural in the early stages (e.g. babies and young children) but “smothering your child in every aspect of their life can ultimately backfire”.
- **Lawnmower Parenting** is when parents feel they have to clear away every obstacle in front of their child to prevent them from getting hurt or dealing with difficult situations.
- **Permissive Parenting** is when very few demands are made of children and they are rarely disciplined because they have relatively low expectations of maturity and self-control. Parents try to be more of a friend, avoid confrontation and generally nurturing and communicative.

In schools we see all styles of parenting and what we endeavour to do is to support families in whatever parenting style they may have with one main goal in mind. By the time your child leaves our school, we want them to have developed skills that enable them to demonstrate confidence, persistence, organisation, the ability to get along with others and most of all resilience.

Hopefully we are all on the same page.

Cheers

Shaun
Kids Teaching Kids event this year is on Tuesday 1st September and we are focusing on Sustainability and Recycling.

Target Kids Teaching Kids Week is a free, national, inquiry based, peer teaching program that uses the environment as a theme and focus for learning. Students of all ages find solutions to complex environmental problems such as climate change, water, waste, conservation, energy, drought, population and pollution. Students research, develop and then perform songs, comedy, dance routines, poems, plays and experiments for their classmates to deliver their messages about the environment.

A parent recently reported to the school that there was a man looking into cars as they were parked on Campus Drive. This was reported to SAPOL. We would like this opportunity to remind you not to leave valuables in plain sight in your car whilst you may be collecting children from the school.

“Books Light up our World”

Come and check out the library! A brightly painted banner, designed by Vicky Sears, adorns the entry to the library. The lighthouse Deb Sears has made is absolutely fabulous. We hope their wonderful creations inspire students’ art work and their competition entries around the short listed titles.

During book week, Monday 24th to Friday 28th August, individual student entries and class “blankets” will be on display in the library. Authors and illustrators will be sharing with the children, Marc McBride for years 3-7 on Friday 21st August and Sally Heinrich on 24th and 25th August. A Campus wide grand parade for Book Week will happen in the gym on Friday 28th and a cross campus upper primary literature quiz will be held in the PAC that afternoon.

We would like to thank all parents who supported our Campus Book Fair. With your help, we have been able to purchase approximately $2,000 worth of new resources for the Library.

U10’s defeated by St Leonards 1-8 Goal Scorer Matthew T
U11 Gold defeated by Brighton 3-6 Goal Scorers Oscar S, Michard B, Zane W
U11 Blue defeated by Sunrise Marion 0-9
Senior Gold def Brighton 5-2 Goal Scorer Aydin L 5
Senior Orange defeated by Sunrise Marion 0-10
Some very challenging games this week, along with the extremely cold, wet weather made for a miserable day all round. But everyone played the best they could.

Aug 4th U10 Carnival
U10’s won 1, drew 2 and lost 2 Goal Scorers on the night Noah T 2, Jem M 1. Well done Team.

Week 9 Aug 8th
U8’s defeated Seacliff 1-0 Goal Scorer Harry P
U9’s defeated by St Peters Woodlands 1-3 Goal Scorer Josh Z
U10’s defeated by St Peter Woodlands 0-1
U11 Gold defeated by St Peters Woodlands 3-5 Goal Scorers Atilla L, Sebastian O, Zane W.
U11 Blue drew with Sturt St 4-4 Goal Scorers Blake P 3 Josh S 1
Senior Gold lost to St Peters Woodlands 1-10 Goal Scorer Aydin L
Senior Orange defeated by Hallett Cove South 0-5
It was great to see some sunshine finally, even though the wind was whipping around the top oval keeping the temperature down.

Good Luck to the U8's & U9's with their upcoming Carnivals.

Cheers
Vicki Powell
Campus Soccer Coordinator

I would like to remind parents that The Thiele Primary School colours are Maroon, Light Blue and Grey. Black is not part of the school dress code.

A number of students have needed reminders that black leggings are not part of the dress code, Jumpers must be marron and long hair must be tied back. Your support with this is appreciated.

Do you have any red wool or fabric that you do not require and could donate to the school for students to make poppies for Remembrance Day. Please bring any donations to the Thiele front office.

Thank you

Respect – Achievement - Integrity - Sustainability
BANK SA – INCENTIVE SAVER ACCOUNT

ROYAL ADELAIDE SHOW 2015
THE GREATEST SHOW ON EARTH

Your free ticket to the Royal Adelaide Show thanks to BankSA

Kids
Children aged 12 and under who open a new Incentive Saver Account by 30 August 2015, will receive a Royal Adelaide Show child’s ticket by email.

Students
Open a new Complete Freedom Student Account and activate your linked ATM card by 30 August 2015 and you will receive a Royal Adelaide Show concession ticket by email PLUS $20 in your new account!

For more information visit banksa.com.au/showtickets

COMMUNITY NEWS

Southbank Tennis Club
Open Day

Hessing Crescent
Trott Park

Sun Aug 16th
10:30am – 1:00pm

Respect – Achievement - Integrity - Sustainability
Positive Parenting

Supporting and encouraging parents
in their vital role of:

- nurturing and empowering children
- helping them be the best people they can be

Supported by

26 King William Road, Wayville SA
Bookings essential and available online
effectiveliving.org

Understanding your Child’s Temperament

Wednesday 5 August 7:30 - 9:30pm
Presenter - Donna Broadhurst
Understanding a child’s temperament is needed to develop effective parenting strategies for each child. Donna will give some practical ideas for relating to your spirited or sensitive child’s particular needs to help them flourish.

Managing Anger in Children

Wednesday 19 August 7:30 - 9:30pm
Presenter - Donna Broadhurst
It’s not easy living with our own emotions, let alone our child’s ups and downs. Yet parents can help their children to safely express their feelings and manage strong emotions. It is a gift that will serve them well for a lifetime.

Helping Teens through Adolescent Emotions

Wednesday 2 September 7:30 - 9:30pm
Presenter - Vina Hotich
Transitioning from childhood through teenage years to adulthood can be a tumultuous journey for all involved. This seminar aims to help parents identify ways to enable teenagers to express their stress, anger and other strong emotions effectively and respectfully.

Fun not Fuss with Food

Wednesday 28 October 7:30 - 9:30pm
Presenter - Peter Hill
Peter looks at steps to change behaviour, and provides strategies that cue into natural developmental changes in children, supporting their growing independence and curiosity.

Talking to Babies & Toddlers - why & how

Monday 9 November 7:30 - 9:30pm
Presenter - Dr Debbie James
To babble or not to babble; to use screens or not to use screens. Find out why babbling, chatting and reading to your little one is essential for them to learn how to talk as well as read, write, socialise and regulate their own emotions. Debbie will provide practical suggestions of how and how often to talk to your child. She will help you learn to recognise different ways and opportunities to engage in baby chatter, and about the many benefits to be gained.

Cost for sessions $15 adult $10 concession $20 per couple
CITY OF ONKAPARINGA

2015 MAYOR’S GARDEN COMPETITION

RECOGNISING THE OUTSTANDING GARDENS IN OUR CITY

NOMINATIONS ARE NOW OPEN IN THE FOLLOWING CATEGORIES:
• urban • courtyard • rural
• school/community • business or commercial

NOMINATIONS CLOSE FRIDAY 11 SEPTEMBER 2015

THE CITY OF ONKAPARINGA

2015 MAYOR’S GARDEN COMPETITION

Recognising local gardeners and encourages community interest in local gardens to enhance the presentation and livability of our city.

Nomination form

YOUR DETAILS
Name

Garden address

Postal address (if different to garden address)

Postcode

Phone

Email

☐ I have included a photograph of the garden with the nomination form.

WHICH CATEGORY ARE YOU ENTERING?
☐ urban
☐ courtyard
☐ rural
☐ school/community
☐ business or commercial premises

I consent to my garden/community garden being nominated and included in the 2015 Mayor’s Garden Competition. I understand and agree to the Conditions of Entry and approve my name, address and photograph to be used for the purpose of the competition.

Owner’s signature

Date

COMPETITION DETAILS
Nominations close Friday 11 Sept 2015
Judging will take place late September/early October
Presentations will take place at a civic event to be scheduled later in the year.

CONDITIONS OF ENTRY
• The garden must be located within the City of Onkaparinga.
• A completed and signed nomination form together with a photograph (electronic or hard copy) of your garden must be submitted.
• The garden must be accessible to the judging panel.
• One nomination per address, one category per nomination. However, the judges reserve the right to change the category of an entry at their discretion.
• Nominations close on Friday 11 Sept 2015. No late entries will be accepted.
• The judging panel will consist of City of Onkaparinga Council Members and staff.
• Judges decision is final.

SUBMIT YOUR NOMINATION FORM
• email to: mail@onkaparinga.sa.gov.au
• post to: Mayor’s Garden Competition
City of Onkaparinga
PO Box 1
MOORABOOGA CENTRE SA 5168

MORE INFORMATION
Visit www.onkaparingacity.com, contact the Mayor’s office on 8384 0666 or email mail@onkaparinga.sa.gov.au

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